

## What are complex needs:

### Two or more of the following:

- Domestic and / or Family Violence
- Drug addiction / misuse
- Alcohol addiction / misuse
- Gambling addiction / misuse
- Mental Health
- Grief, loss and trauma
- Financial stress
- Child or young person entering (or at risk of entering) child protection system
- Child or young person entering (or at risk of entering) juvenile justice system
- Homeless or at risk of being homeless
- Health issues



Families complex needs without support



*Aboriginal Family  
Worker's Support Group*

For further information contact:

### Coordinator

*Aboriginal Family Planning Circle*

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**Marrin Weejali**

Aboriginal Corporation

Substance Misuse - Social Emotional Wellbeing Healing Centre



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**Aboriginal  
Family  
Planning  
Circle**



*Together  
we can do so much*

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## What is the Aboriginal Family Planning Circle?

The Aboriginal Family Planning Circle (AFPC) offers an opportunity to build and enhance on safety and strength for Aboriginal children, young people and families' through an integrated support network to empower individuals having difficulties accessing services.

The circles offer individuals and families a transparent connection between services to better approach any complex needs that they are facing. By working in collaboration with identified service providers, their pressing needs can be identified, and immediate goals can be achieved while also focusing on long term goals for the individual and families. This in turn reduces the participants risk factors to government and legal intervention by facilitating awareness and strengthening family values. The circle is a supported process.

The benefits for individuals participating in the circle are:

- a structured process for support and access to identified services;
- one contact person (Case Manager);
- connection to services based on identified needs;
- more informed decision making;
- access to an Aboriginal support person if needed;
- guided by an Aboriginal person (facilitator), long term connection to services;
- complex needs being addressed,
- clear understanding of what services can and can not offer;
- an action plan that will be monitored and reviewed regularly;
- support to be empowered to make changes;
- services working with the whole family;
- and achieving goals in a realistic time frame.

## The Referral Process:

Referrals can come from NGO's, Government or self referrals. The individual or family will need to meet the eligibility criteria. This criteria is accessible in this brochure.

If a service is referring an individual or family the service will need to make a commitment to case manage the circle. If this isn't possible the referrer will need to work in collaboration with the facilitator to support the participants find a service that are able to case manage.

## Who is involved in a circle:

Individual (and extended family/community)

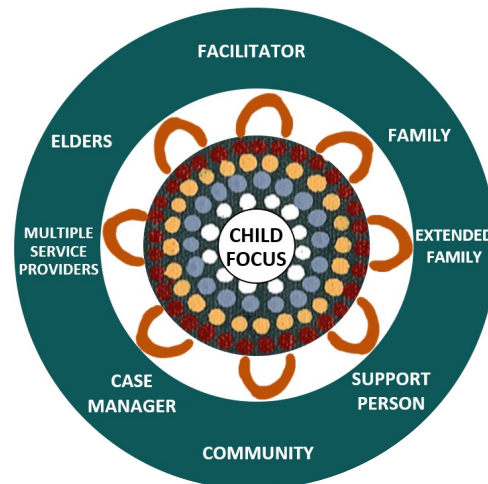
Support person (if requested)

1 x Facilitator

1 x Case Manager (Referring service to circle)

Service Providers

## Identified Service Providers



## What we offer:

- ☑ Cultural safe space
- ☑ Individuals voice
- ☑ Achieve goals
- ☑ Connection to other services
- ☑ Work together for change



Workers gathering to support change for the Aboriginal Community

