



## GROUP TIMETABLE 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
10am	<b>Tiddas Time Together</b> Women's Social Group <b>10am -11:30am</b>	<b>Circle of Security</b>  <b>10:00am – 1:00pm</b>	<b>Living with Addictions</b> Relapse prevention  <b>10:00am-11:30am</b>	<b>Koori AA 12 Step Meeting</b>  <b>10:00am – 11.30am</b>	<b>Men's Health Yarn Up Group</b>  <b>10:00am-12:00pm</b>
11am			<b>Grief &amp; Loss Support Group</b>  <b>11:30am-12:30pm</b>  (starting term 2 2020)		
12pm			<b>Anger Management</b>  <b>1:00pm – 2:00pm</b>	<b>Women's DV Group</b>  <b>1:00pm-2:30pm</b>	
1pm					
2pm					
3pm					
4pm			<b>Better Man</b> (Men's DV group) <b>4:00pm-6:00pm</b>		
5pm					
6pm					
7pm	<b>Koori NA Night Meeting</b> <b>7pm-8:30pm</b>		<b>Koori AA Night Meeting</b> <b>7pm-8:30pm</b>		

### What we offer:

- Comprehensive A&OD Assessment
- Individual Counselling
- Co-morbidity Case Management & Counselling
- Client Advocacy Support & Referral
- Gambling Counselling & Support on request

### We provide links & support to:

- Detoxification units
- Residential Rehabilitation Centres
- Aboriginal & non-Aboriginal Health Services
- People subject to orders or directions from FaCs, The Justice System & Housing
- 12 Steps/Self Help Programs, GA, NA, AA, ALATEEN /ALANON